Baal & Mahila Shikshan Prasarak Mandal's

Annual Report-2013-14

THE DIVERSIFYING YEAR-2013-14



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It is always a pleasure to share our annual report with others. This year was special for us as the year 2013-14 gave a slightly new direction to our work treating the year as THE DIVERSIFYING YEAR. Because we have diversified our role of work specifically in the field of health. During the year, establishment of **SEWA** (Society for Education & Welfare Action) took a role as a organizing body of Baal & Mahila Shikshan Prasarak Mandal. It is the major objective of organisation to serve the people through education as well as in welfare activities. Hence, under the banner-SEWA, the organisation started running various activities during the year.

During the year, the organization has registered under Section 12AA(1)(b)(i) of the Income Tax Act, 1961. The organization also obtained Exemption Certificate under Section 80G of the Income Tax Act, 1961, validity of which affected from 17.01.2014 to facilitate the donors from the rebate of Income Tax. During the year, the Organisation also launched the website viz. www.bmspmsewa.org.

For organising various activities, the body of NGO viz. SEWA (Society for Education & Welfare Action) governed by Baal & Mahila Shikshan Prasarak Mandal was established during the year. Through the diversifying activities by SEWA, our aim was to reach the communities door to door, so that the goal of commitment to bring "Health for All" be achieved. The major characteristics of the object were to reach the people by following remedial actions:

- Providing assurance of clean air, clean water and clean environment, through basic Health Care Programmes.
- Prevention of diseases.
- > Better Management of their health requirements.
- Respecting human life.
- Controlling the causes of ill health.

In addition to the above, the organization concentrated on the following programmes.

- ✓ Maintaining gender equality.
- ✓ Providing various facilities of vocational education for women's empowerment.
- ✓ Organising awareness programmes.
- ✓ Elimination of child labour.

Keeping in view the moto "Health for All", the organization participated in the community health activity on Tuberculosis. The organization is greatful to joint with the Govt. programme viz. Revised National Tuberculosis Control Programme (RNTCP) implemented through The Catholic Health Association of India (CHAI), Secunderabad. The organization entered into the MOU with CHAI for implementation of Axshaya (TB) project.

Revised National Tuberculosis Control Programme (RNTCP), Central TB Division, Directorate General of Health Services, Ministry of Health & Family Welfare: As per international recommendation, Directly Observed Treatment Short Course-"DOTS" was established in India. Since 1993, the Revised National Tuberculosis Control Programme (RNTCP) is being implemented in India utilizing DOTS strategy. It has expanded to cover over a billion population since 2006. Till dated, entire county is fully covered under RNTCP. The implementation has shown tremendous result to survival of many lives.

For implementing this programme, we entered into MOU with The Catholic Health Association of India (CHAI), Secunderabad. As a collaborating partner with CHAI, our NGO accepted one of the schemes of GoI supported schemes (2008). As per the scheme ACSM (Advocacy, Communication & Social Mobilisation), our NGO has the important role in conducting following activities, identifying Ulhasnagar Taluka as the projected city. The activities of the scheme started from January, 2014.

Role of our NGO to run RNTCP as a collaborating partner:

- Conducting Community meetings for creating awareness and link services.
- Presentation of Street plays / puppet shows
- Organising School activities such as essay competition, painting competition, etc.
- Sensitization of Mandals, SHGs, etc. in respect of TB
- Sensitisation of DOT Providers / TB support groups.
- Arranging Patient Provider Meetings in the community.
- Development of educational material in local language for distribution to the community. From the beginning of implementation of the scheme from Jan., 2014, our NGO has organized GKS / Community meetings and conducted household visits to gather the information relating to any symptomatic persons of TB are in existence in the community. The doubtful persons of symptoms were referred to Govt Hospital for investigation and better treatment. In the community meetings, awareness about TB was spread among the public. The below table depicts that nearly three thousand persons benefited with our TB programme through arranging community meetings, Akshaya Samwad (household visits), providing educational material, displaying street play, etc. The details of such activities giving referrals of such doubtful cases to Govt. Hospitals are mentioned below.

Month	No. of meet ings	Name of Community	No. of partici pants	House hold visited	Refe rrals to Hosp ital
Jan., 2014	5	Amrapali Nagar, Saibaba Nagar, Panchashil Nagar, Siddharth Colony, Buddha Colony	98	200	10
Feb., 2014	10	Vikramshila Colony, Achanak Nagar, Takshashila Chawl, Subhash Tekadi, Kansai Road, Nagsen Nagar No. 1, Kirtane Chawl, Nagsen Nagar No. 2, Songyachi Wadi, Bharat Nagar No. 1, Bharat Nagar No.2	178	500	18
March, 2014	21	Raibole Niwas, Opp. Block No. A-416, Ingle Colony, Khandekar Chawl, Ashirwad Society, Bodhi Vruksha, Sharada Mahila Bachat Gat, Ashram, Ten Chawls, Defense Colony, Nalanda School Area, Bhimshakti Mandal, Ramji Ambedkar Nagar, Samata Colony, Ten Chawls, Bidkar Sadan, Buddha Vihar, Rahul Nagar, Tathagat, Marathi Church, Gurudwara, Near Railway Line, Achanak Nagar, Sankalpa Yuva Bachat Gat	309	200	20

SEWA celebrated World TB Day on 24th March, 2014 at Dr. Babasaheb Ambedkar Chowk, Subhash Tekadi, Ulhasnagar-421004 by holding a group meeting and displaying banner of the same. Nearly 100 persons participated in the meeting comprising of staff of SEWA as well as local citizens. Dr Asha Raibole and Shri Deshpande supervisor of DOT from Chhaya Hospital, Amabaranth were the invitees for the programme. In the welcome address, Mrs Aparna Jadhav-Director of SEWA expressed the importance of such type of programme. Dr Asha Raibole also started her address saying that "TB is any where and every where and that every one should be scared, careful and must do something about it". Mrs Prafullata Mohod welcomed Shri Deshpande and requested to address the public.

In the keynote address, Shri Deshpande said, "TB is the biggest challenge in health care which is also dangerous for human beings. TB has to be made notifiable disease so that suitable follow up can be done and systematic treatment given to those affected with TB. He highlighted the fact that TB treatment is free but because of the social stigma attached to it, people stay away from the public system. The Govt. is deeply committed towards the entire system of tackling TB in a wide range. He explained a few examples of TB affected citizens expressing his aggravation about the society by whom the TB affected patient is kept away from the family members. A lot more strategies for better understanding of the problems for the control of TB and efforts to stop it through appropriate treatment can be developed", he concluded. His speech in Marathi gives the clear cut ideas and betterment of prevention of TB.

In the second session, a short play has presented by a group of students viz. Shri Harshal Suryavanshi & group. In the play, they presented before the public, the symptoms, causes of TB and the remedies to cure the TB disease.

As such, the awareness was provided to the public on this day. The report of celebrating the World TB Day in Marathi is compiled as under:



जागतिक क्षय रोग दिन — २४ मार्च, २०१४ निमित्त आयोजित केलेल्या "जाणीव जागृती" कार्यक्रमाचा अहवाल

सोमवार दिनांक २४ मार्च, २०१४ रोजी सायंकाळी ५.०० वाजता "चाय (दि कॅथॉलिक हेल्थ असोसिएशन ऑफ इंडिया, सिकंदराबाद)" पुरस्कृत जागितक क्षय रोग दिन, "सेवा" या संस्थेच्या विद्यमाने डॉ. बाबासाहेब आंबेडकर चौक, सुभाष टेकडी, उल्हासनगर-४२१ ००४, जि.-ठाणे, महाराष्ट्र या ठिकाणी आयोजित करण्यात आला होता. या कार्यक्रमाला अंदाजे २०० नागरिक उपस्थित होते ज्यामध्ये महिला, ज्येष्ठ नागरिक व युवक/युवतींचा समावेश होता. या निमित्ताने सामुदायिक सभा व नंतर पथनाट्य या कार्यक्रमांचे आयोजन करण्यात आले होते. या कार्यक्रमांचा सविस्तर अहवाल खालीलप्रमाणेः

सुरूवातीला संस्थेच्या संचालिका सौ. अपर्णा जाधव यांनी कार्यक्रमाची प्रस्तावना व उद्धिष्ट नमूद केले. स्थानिक ज्येष्ठ नागरिक श्री हरिश्चंद्र ढोके व अंबरनाथ नगर परिषदेच्या छाया हॉस्पिटल येथील मुख्य वैद्यकीय अधिकारी डॉ. आशा रायबोले यांनी डॉ. बाबासाहेब आंबेडकर यांच्या पुतळ्याला पुष्पमाला अर्पण केली. नंतर संस्थेच्या स्वयंसेविका व इतरांनी मिळून पुतळ्यासमोर मेणबत्तीचे प्रज्वलन केले. सामुदायिक बुद्धवंदना घेऊन सर्वांना सुखमय व निरोगी आयुष्य लाभो असे चिंतन केले. २४ मार्च या दिवसाचे महत्त्व विषद करून सौ. अपर्णा जाधव यांनी हा दिवस "क्षय रोग निवारण दिवस" म्हणून पाळावा असे उपस्थितांना आवाहन केले. नंतर सौ. प्रफुल्लता मोहोड यांनी कार्यक्रमाला उपस्थित राहिलेले अंबरनाथ नगर परिषदेचे छाया हॉस्पिटल येथील डॉट्स विभागाचे पर्यवेक्षक श्री देशपांडे यांचे स्वागत करून उपस्थितांना मार्गदर्शन

करण्यासाठी त्यांना विनंती केली. श्री देशपांडे यांच्या मार्गदर्शनीय व जनजागृती संदर्भातील भाषणात त्यांनी नमूद केले की,

" आपणा सर्वांना माहीतच आहे की टी बी म्हणजेच क्षय रोग हा किती घातक आहे. भारत देशात दर दीड मिनिटाला एक माणूस क्षय रोगाने दगावतो. दररोज पाच हजार लोकांना क्षय रोगाचा संसर्ग होतो. दर वर्षी तीन ते चार लाख मुलांना शिक्षण घेता येत नाही. कारण त्यांच्या आई-विडलांना क्षय रोग झालेला असतो. अशा मुलांचे आई वडील घरातील कुठल्यातरी कोपऱ्यात खोकत, रक्त ओकत पडून असतात. अडीच ते तीन लाख मिहलांना क्षय रोगाने ग्रासले म्हणून त्यांच्या नवाऱ्यांनी त्यांना घरातून हाकलून दिलेले आढळते. ही अत्यंत दयनीत स्थिती आहे. ही सत्य बाब अंबरनाथमध्ये असल्याचे आमच्या नोंदणीत आहे. अशी वेळ आपल्या जवळच्या व्यक्तींवर येऊ नये म्हणून आपण वेळीच काळजी घेतली पाहिजे. क्षय रोगाने ग्रासलेल्या मिहलेला जेव्हा तिचा नवरा घरातून हाकलून देतो तेव्हा त्याला ठणकाऊन सांगितले पाहिजे की जेव्हा माणूस जन्माला येतो तेव्हा त्याच्या शरीरातच क्षयाचे जंतू असतात. परंतु ज्यांच्यामध्ये प्रतिकारशक्ती कमी असते त्यांना क्षय रोग होतो. कष्टकरी मिहलांना सकस आहारच्या अभावामुळे त्यांच्यातील प्रतिकारशक्ती कमी होते व त्यांना या रोगाला बळी पडावे लागते.

क्षय रोगाची लागण झाले हे कसे ओळखावे? तर, क्षय रोग दोन प्रकारचे असतात. एक पल्मनरी व दुसरा शरीरातील कोणत्याही एका भागाचा क्षय रोग. त्यात मणक्याचा, बगलेतील गाठीचा, कातडीचा, हाडाचा, छातीच्या बरगड्यांचा असे प्रकार आहेत. अशा या रोगावर शासनाने तीस हजारपासून दोन लाखापर्यंत मोफत उपचार सुरू केला आहे.

दोन आठवड्यांपेक्षा जास्त दिवस खोकला लागणे, वजन एकदम कमी होणे, भूक मंदावणे, रात्री झोप न येणे अशाप्रकारची क्षय रोगाची लक्षणे आहेत. या रोगाचे निदान योग्य चाचण्या करूनच केले जाते. हा रोग झोपडपट्टीत किंवा बंगल्यात राहणाऱ्या वा गरीब श्रीमंत कोणालाही होऊ शकतो. म्हणजेच ज्याची प्रतिकारशक्ती कमजोर झाली आहे त्याला कोणालाही हा रोग होऊ शकतो.

या रोगावर तीन प्रकारातील वर्गवारीने उपचार केले जातात. पहिल्या प्रकारात क्षय रोग बाधित रूग्णाला सहा महिन्यांच्या कालावधीसाठी रु. ३०,०००/- एवढ्या किमतीची औषधे शासन मोफत पुरविते. दुसऱ्या प्रकारात आठ महिन्याच्या उपचारासाठी रु. ४०,०००/- एवढ्या किमतीची औषधे व इंजेक्शन पुरविली जातात व तिसऱ्या प्रकारात दोन वर्षांसाठी मोफत उपचार उपचार केला जातो.

क्षय रोग झालेल्या व्यक्तीने लागण झाल्याचे जर लपवून ठेवले व उपचार घेतला नाही तर त्याचे आयुष्य उध्वस्त होवू शकते. एखाद्या व्यक्तिला साप चावला व त्याने उपचार घेतले नाहीत तर तो दगावतो. पण क्षय रोग झालेल्या व्यक्तीने ते लपवले तर तो स्वतः दगावतो परंतु आजूबाजूला जे संपर्कात आले त्या इतरांनाही त्याची लागण पसरवतो. म्हणून क्षय रोगाची लागण लपवू नये. क्षय रोगाबद्दल जी महिती आपल्याला आहे ती दुसऱ्यांना सांगा. म्हणजेच या रोगाबद्दलचे अज्ञान दूर होईल. बदलापूर शहरात आजही या अज्ञानाचा प्रसार आहे. याचे एक अलिकडचे उदाहरण असे की एका बाळंतिणीला तिच्या नातेवाइकांनी तिच्या आठ दिवसाच्या मुलापासून दूर ठेवले होते. कारण होते, तिला क्षय रोग झाला ! आम्ही तिच्या नातेवाइकांना खूप समजावले. योग्य उपचार द्या व बाळाला तिच्याजवळ द्या. बाळाला रोगाची लागण होणार नाही. परंतु त्यांनी ते ऐकले नाही व भोंदू साधूकडून उतारा घेतला. योग्य उपचार न झाल्यामुळे ती आई दीड महिन्यात बंद खोलीमध्ये मरण पावली. ही परिस्थिती अज्ञानामुळे आली. म्हणून या रोगाबद्दल प्रचार करून जाणीव जागृती करणे हे आपले कर्तव्य आहे. ते जर पार पाडले तरच जागितक क्षय दिन साजरा झाल्याचे सार्थक होईल. कारण औषधोपचाराने क्षय रोग १०० % बरा होतो हे लक्षात ठेवावे.

दुसऱ्या सत्राच्या कार्यक्रमात श्री हर्षल सूर्यवंशी व मित्र मंडळ यांचे पथनाट्य सादर करण्यात आले. या पथनाट्यात क्षय रोगाविषयी समाजात असलेली समज व भीती याविषयी सादरीकरण करण्यात आले. समाजात व कुटूंबात क्षय रोग्याचे स्थान, त्यांच्याकडे दुर्लक्ष कसे केले जाते, क्षय रोग असलेल्या मुलींना व महिलांना कुटूंबाकडून व समाजाकडून कसे दूर केले जाते, बऱ्याचवेळा त्यांना आत्महत्येला प्रवृत्त केले जाते हे चित्र सादर करण्यात आले. या पथनाट्यातून कलाकारांनी क्षय रोग्याची दशा सादर केली. क्षय रोगाची लक्षणे, प्रकार, उपचार यांचेही सादरीकरण करण्यात आले व शेवटी औषधोपचाराने हा आजार पूर्ण बरा होतो हा संदेश सादर केला.

हे पथनाट्य सादर करतांना काव्यपंक्ती सादर केल्या की, "हरित क्रांतीची शपथ मोठी, हरित क्रांतीची शपथ मोठी, गरीब मरतो रोगापोटी....., मग आता सांगा, एच आय व्ही? ...माहीत आहे! डायबीटीस? माहीत आहे. क्षयरोग म्हणजेच टी बी...! क्षयरोग हा महाभयंकर रोग आहे. थुंकीतून बेडकी पडणे, रात्री ताप येणे, भूक कमी होणे, वजन ६० किलोवरून एकदम ४५ किलो होणे, चालताना थकवा येणे, छातीत दुखणे, मानेवर गाठी येणे अशी या रोगाची लक्षणे आहेत.

"सांग सांग भोलानाथ, सांग सांग भोलानाथ, क्षय रोग बरा होईल का?" बरा होईल, बरा होईल, बरा होईल...... वेळीच उपचार केला तर पूर्ण बरा होईल.

या पथनट्यातून समाज प्रबोधनात्मक जाणीव जागृती झाली.

सौ. अपर्णा जाधव यांनी उपस्थितांचे, डॉक्टर आशा रायबोले व श्री देशपांडे यांचे आभार मानून या कार्यक्रमाची सांगता केली.

"India is still a developing country to overcome with the inequalities. So, it is our duty to play whatever role we can and in whichever way we can to diminish such inequalities. This is the guiding principle for all of us as we are the pillar of Indian nation. It is our endevour to achieve the goal of satisfaction gained from knowing that we have put in our shoulder to the wheel of nation building that we are serving the country".

One drawing competition for children between age of 9 to 14 years was organized on account of celebration of birth anniversary of Dr Babasaheb Ambedkar on 14.04.2013. On this occasion, children in local area participated in the majority numbers. The participants were facilitated with the valuable gifts.

The organization celebrated Workers' Day on 1st May which is also known as Maharashtra Day. On this day, the women workers in the community were invited and were addressed by the local social workers. Some of the women were facilitated with the gifts.

Entrepreneurship Development is also one of the objectives of our organization through which women empowerment is focused. For achieving this objective, we organized one month's Warli Painting Workshop for women. During this workshop, the importance of workshop was explained to the participants. Through the workshop, women could learn the painting styles. They can use this method of painting on the files, bags, dress material, wall hangings, decorative material, etc. As such the women could start their small entrepreneurship or business to earn income.



The spcialisation of painting was highlighted as the Warli painting is handmade with natural colour on cloth. This painting shows all the activities of tribals in villages of Maharashtra. Warli is the name of largest tribe found in the northern outskirts of Mumbai in Western India. The term "Warli" came from the work "Warli" meaning a piece of land or field. The rituals paintings are usually done inside the huts of tribal people. They apply cowdung and mud paste on walls to make a dark background for the wall painting. They use a bamboo stick chewed at the end to make it as a paintbrush and use only

white colour to decorate their walls. The colour is either made from white chalk powder or rice paste. Nature is considered as mother by the warlis. It is central to all their customs and traditions. The most frequent theme of warli painting is wedding and harvesting. The bodies of humans in warli painting are mainly represented by two triangles joined at the tip the upper triangle represented the trunk and lower triangle the pelvis.







During the workshop the topics of painting were covered as fauna and flora, women drawing water from well, drying clothes, sowing, men dancing in circles during various celebrations of festivals, palghat, the marriage god, horse used by the bride and groom, village scene, tree, birds, etc. As such the participants gained the knowledge of art through which they could made various articles for use and also for sale.

In the month of October, another workshop for women was organized under the sponsorship of Central Board for Workers' Education. As per the programme, the women were facilitated with the training of perfume making, agarbatti making, phenyl making, etc. After completion of the workshop, many women started their own business of perfume making, agarbatti making, etc.

On 29th December, one seminar for women was conducted through which the guidance in respect of formation of Self Help Group (SHG) was provided.

In the month of March, awareness programme to women on account of International Women's Day (8th March) and Savitribai Phule Memorial Day (10th March) was organised. In the

programme, senior social workers were invited to address the women in the community. The participants were guided the importance of women as under:

- Woman is very special in man's life.
- ❖ Woman is reality holds the reigns of the family.
- Man is incomplete without woman.
- Woman adds colour in the life.

During the year, the organisation published multi coloured broucher reiterated the objectives, achievements and giving flash back of the various activities run since the inception. The specimen of the broucher is reproduced hereunder:



Our major objectives :

- To encourage the children and women so that they should attract for taking education and to develop their social, cultural as well as economical aspects.
- To provide adult education to people under weaker section and to establish creches, primary schools like Baalwadi, Montessory, Convent School, etc for the benefit of children.
- To establish various Vocational Education Centres for providing education in Tailoring, Fashion Designing, Computer, Handicraft, Art Works, etc. to the weaker section group.
- 4) To organise various seminars to perform various mental as well as physical tests.
- To conduct programmes for providing guidance to make awareness about family problems, social problems so that the women can be vigilant about their rights.
- 6) To organise various workshops such as phynile making, agarbatti making, perfume making, candle making, etc. so that the housewives can do small sized manufacturing during their spare of time.
- To conduct various free medical checkup camps and to provide free medicines/treatment to the people in lower income group.
- To establish rehabilitation centres for children with disabilities or learning deficiencies.
- 9) To concentrate on education rights of students who have dropped out from the school for the reasons such as not being able to tolerate abuse at the previous school, forcing to work, domestic problems, having to look after siblings, etc.
- 10) To establish residential schools for girls orphanages.
- 11) To establish Elders' Home for senior citizens in need and to provide them shelter, food, clothing and medical facilities. In addition, to establish 'Day Care Centre' for elders, so that they can be facilitated with a pastime in day.









Our achievement :

- Since the establishment of organisation, we started crèches, Baalwadis, Montessory to provide awareness of education to the small kids.
- During the period of 1996 when Computer Education was too expensive, we started various computer courses for youths. The course viz. C. C. O. (Certificate Course in Computer Operation) which was then converted in to C. C. I. T. (Certificate Course in Information Technology) was recognised by Maharashtra State Board of Vocational Education, Mumbai. Our organisation offered such



certificates to the students which helped them in giving weightage/preferences in getting jobs in Public as well as Private Sectors. As such, the organisation offered some other courses in Tailoring and Fashion Designing which were too recognised by Maharashtra State Board of Vocational Education Board, Mumbai. Hence, our organisation was a Sole Organisation in providing Govt recognised Vocational Courses in Ulhasnagar City. These courses were run with financial support from Central Social Welfare Board, Delhi.

- The organisation conducted seminars on Personality Development, Vocational Education and Social Welfare with a grant approved by Sports & Youths Services, Department of Maharashtra Government.
- Under the scheme-TRYSEM granted by Panchayat Samiti, Ambarnath, youths of Scheduled Tribe category were facilitated by Govt. recognised computer education course.
- The Ulhasnagar Municipal Corporation financed the scheme viz. Suvarna Jayanti Shahari Rojgar Yojana for giving vocational education in Beauty Parlour and Computer to women of 'Below Poverty Line'.
- Maharashtra Government's 'Sarv Shikshan Abhiyan' scheme was also run under sponsorship of Ulhasnagar Municipal Corporation. Under the scheme, primary level education was provided to nongoing school children of age between 10 to 14 years. We established such 45 centres in whole Ulhasnagar City from Camp No. 1 to Camp No. 5. Thus our organisation actively participated in achieving Maharashtra Government's MPEG (Mahatma Phule Education Guarantee) Scheme.
- Conducted seminars for SC/ST beneficiaries under sponsorship of Central Workers' Education Board, Ministry of Labour & Employment and provided guidance to workers.
- Started Special School for child labourers under the approval of Ministry of Child Labour through National Child Labour Scheme of Maharashtra Government.
- Organised workshop for women on Jewellary Making, Perfume Making, Phenyl Making, Agarbatti Making under the sponsorship of Central Workers' Education Board, Ministry of Labour & Employment.
- Organised seminar under the sponsorship of Maharashtra Centre for Entrepreneurship Development (MCED) and provided guidance to women for their competency and development in Entrepreneurship.
- Besides the above, our organisation conducted various free medical check up camps, personality development seminars. Provided guidance to the girls/women to establish their self profession/business. Helped the women to resolve their issues relating to their family problems.



Our Request:

Now, we propose to expand our boundery of social work in Maharashtra. Our request and appeal to you is that if you wish and are interested to devote your valuable time in social work, then come forward and join us for removal of inequalities in social-economic deficiencies in the society.

- ✓ You may help us generously in kind of finacial assistance.
- ✓ You may also help us encouraging others to donate us.
- ✓ You may further help us as a volunteer.

















Note: Cheque should be issued in favour of Baal & Mahila Shikshan Prasarak Mandal.

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Apart, some of the important photographs pertaining to activities conducted during the year are given as under :











